

### **S: Status Update**

What is something that happened this week? (*Good, bad, exciting, challenging, rewarding...*)

### **T: Traditions and Rituals**

What faith practice do you find most helpful?

### **O: Optimism**

How does your faith give you hope?

### **R: Relationships**

What is a time you have felt the presence of God?

### **Y: Yada Yada Yada**

What question would you ask God?

[nemnsynod.org/Discipleship](http://nemnsynod.org/Discipleship)



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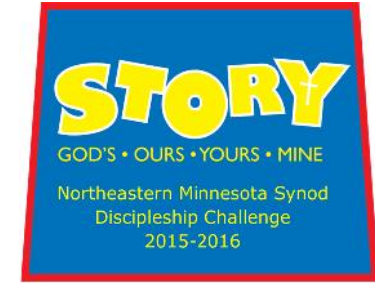
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